

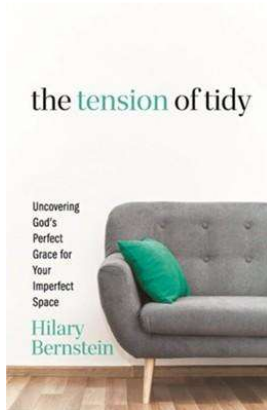


TALL OAK MEDIA

In a World of Chaos Discover Why Tidy Doesn't Matter  
*The Tension of Tidy*  
*Uncovering God's Perfect Grace for Your Imperfect Space*  
By Hilary Bernstein

"In *The Tension of Tidy*, Hilary invites us to embrace the beauty of imperfection and discover God's grace in our messy, imperfect spaces. With a blend of warmth, relatability, and unwavering hope, she gently reminds us that our worth isn't measured by the cleanliness of our homes but by the love and grace of our Heavenly Father."

—Asheritah Ciuciu, bestselling author of *Prayers of REST* and *Unwrapping the Names of Jesus*



**GRAND RAPIDS, Mich.** – In our social media driven world, women feel more pressure than ever to keep their homes looking picture perfect – even amid very busy lives. In her new book *The Tension of Tidy: Uncovering God's Perfect Grace for Your Imperfect Space*, author and women's ministry director Hilary Bernstein shows a balanced perspective of home through scripture, personal stories, and relatable tips. In *The Tension of Tidy*, Bernstein gently points readers to why so much tension is tied to the ideal of a tidy home. Included in the book are reflections of the Psalms, helping women to slow down, say goodbye to the relentless pressure to keep up with the ever-changing trends, and lovingly embrace their homes for the gift that they are.

"My friends and I often talk about the overwhelming pressure and burdens that come with the never-ending necessity to care for our homes while also trying to balance time with our families, our jobs, and the rest of everyday life. I know we're not alone. The amazing news is that the Lord offers each of us so much

freedom when we grasp the grace He gives. I'm excited for women to read *The Tension of Tidy* and experience the ways God's grace will transform their lives and their homes," says Bernstein.

*The Tension of Tidy* is more than a how-to on keeping a clean space, it is a guide to the heart of the home and how releasing the expectations and tensions of tidy can change a family's life. Bernstein offers bonus help in the TENSION TAMERS segments located throughout the book, which include reflection questions, practical advice, and helpful challenges. With a new year just around the corner, *The Tension of Tidy* is for anyone who wants to embrace the grace of life, while celebrating the gift of home— not a perfect home, but home as it was meant to be.

**Hilary Bernstein** is the women's ministry director at The Chapel in Green, Ohio, where she brings a wealth of experience from her roles as a blogger, newspaper editor, and columnist. A prolific author, Bernstein, has recently published *Prayerful Living* and twelve other impactful devotional books. More information can be found at [hilarybernstein.com](http://hilarybernstein.com).

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God's Perfect Grace for Your Imperfect*  
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